

CRITERIA FOR PRIOR AUTHORIZATION

Adult Rheumatoid Arthritis Agents

BILLING CODE TYPE For drug coverage and provider type information, see the [KMAP Reference Codes webpage](#).

MANUAL GUIDELINES Prior authorization will be required for all current and future dose forms available. All medication-specific criteria, including drug-specific indication, age, and dose for each agent is defined in table 1 below.

Abatacept (Orencia®)
 Adalimumab (Humira®, Amjevita™, Cyltezo™, Hyrimoz™, [Hadlima™](#))
 Anakinra (Kineret®)
 Baricitinib (Olumiant®)
 Certolizumab (Cimzia®)
 Etanercept (Enbrel®, Erelzi™, Eticovo™)
 Golimumab (Simponi®, Simponi Aria®)
 Infliximab (Remicade®, Inflectra®, Ixifi™, Renflexis®)
 Rituximab (Rituxan®, [Truxima®](#))
 Sarilumab (Kevzara®)
 Tocilizumab (Actemra®)
 Tofacitinib (Xeljanz®)
[Upadacitinib \(Rinvoq™\)](#)

GENERAL CRITERIA FOR INITIAL PRIOR AUTHORIZATION: (must meet all of the following)

- Must be approved for the indication, age, and not exceed dosing limits listed in Table 1.
- Must be prescribed by or in consultation with a rheumatologist.²
- Patient must have had an adequate trial (at least 90 consecutive days) of or contraindication to methotrexate. If the patient has a contraindication to methotrexate, the patient must have an adequate trial of at least one other conventional therapy or contraindication to all conventional therapies listed in Table 2.^{1,2}
- For all agents listed, the preferred PDL drug, [if applicable](#), which treats the PA indication, is required unless the patient meets the non-preferred PDL PA criteria.
- Prescriber must provide the baseline of ONE of the following ~~criteria~~:
 - Patient has active moderate to severe rheumatoid arthritis disease activity, as defined by:¹
 - Patient Activity Scale (PAS) or PAS-II score > 3.7
 - Routine Assessment of Patient Index Data (RAPID3) score > 2.0
 - Clinical Disease Activity Index (CDAI) > 10
 - Disease Activity Score (DAS28) score > 3.2
 - Simplified Disease Activity Index (SDAI) score > 11.0
- For all requested [immunomodulating](#) biologics or janus kinase (JAK) inhibitors, patient must not concurrently be on another [immunomodulating](#) biologic or JAK inhibitor listed in Table 3. After discontinuing the current [immunomodulating](#) biologic or JAK inhibitor, the soonest that a new [immunomodulating](#) biologic or JAK inhibitor will be authorized is at the next scheduled dose.

Table 1. FDA-approved age and dosing limits of Adult Rheumatoid Arthritis (RA) Agents.^{3-15,24}

| Medication | Indication(s) | Age | Dosing Limits |
|---|--|----------------------------|--|
| Anti-CD 20 | | | |
| Rituximab (Rituxan [®] , Truxima[®])* | Moderate to Severe active RA | ≥ 18 years | 1000 mg IV at weeks 0 and 2 per every 24 week cycle. |
| Interleukin-1 Inhibitors | | | |
| Anakinra (Kineret [®]) | Moderate to Severe active RA | ≥ 18 years | 100 mg SC once daily. |
| Interleukin-6 Inhibitors | | | |
| Sarilumab (Kevzara [®]) | Moderate to Severe active RA | ≥ 18 years | 200 mg SC once every 2 weeks. |
| Tocilizumab (Actemra [®]) | Moderate to Severe active RA | ≥ 18 years | IV: 8 mg/kg every 4 weeks up to a maximum of 800 mg. SC: < 100 kg: 162 mg once every 2 weeks. ≥ 100 kg: 162 mg once every week. |
| Janus Kinase Inhibitors | | | |
| Baricitinib (Olmiant [®]) | Moderate to Severe active RA | ≥ 18 years | 2 mg orally once daily. |
| Tofacitinib (Xeljanz [®]) | Moderate to Severe active RA | ≥ 18 years | 5 mg orally twice daily. |
| Tofacitinib (Xeljanz XR [®]) | Moderate to Severe active RA | ≥ 18 years | 11 mg orally once daily. |
| Upadacitinib (Rinvoq[™]) | Moderate to Severe active RA | ≥ 18 years | 15 mg orally once daily. |
| Selective T-Cell Costimulation Blockers | | | |
| Abatacept (Orencia [®]) | Moderate to Severe active RA | ≥ 18 years | IV: at 0, 2 and 4 weeks, then every 4 weeks thereafter < 60 kg: 500 mg. 60-100 kg: 750 mg > 100 kg: 1,000 mg SC: 125 mg once every week. |
| Tumor Necrosis Factor-Alpha (TNF-α) Blockers | | | |
| Adalimumab (Humira [®] , Amjevita [™] , Cyltezo [™] , Hyrimoz [™] , Hadlima[™]) | Moderate to Severe active RA | ≥ 18 years | 40 mg SC every week. |
| Certolizumab (Cimzia [®]) | Moderate to Severe active RA | ≥ 18 years | 400 mg initially SC at weeks 0, 2, and 4 followed by 200 mg every other week or 400 mg every 4 weeks. |
| Etanercept (Enbrel [®] , Erelzi[™] , Eticovo[™]) | Moderate to Severe active RA | ≥ 18 years | 50 mg SC once weekly. |
| Golimumab (Simponi [®]) | Moderate to Severe active RA | ≥ 18 years | 50 mg SC once monthly. |
| Golimumab (Simponi Aria [®]) | Moderate to Severe active RA | ≥ 18 years | 2 mg/kg IV at weeks 0, 4, then every 8 weeks thereafter |
| Infliximab (Remicade [®] , Renflexis [™] , Inflectra [®] , Ixifi [™]) | Moderate to Severe active RA | ≥ 18 years | 3 mg/kg IV at 0, 2, and 6 weeks, then every 8 weeks. |

SC: subcutaneous. IV: intravenous. *[Truxima[®]](#) and [Ruxience[™]](#) are rituximab biosimilars, but are currently not indicated for RA.

LENGTH OF APPROVAL (INITIAL): 12 months

CRITERIA FOR RENEWAL PRIOR AUTHORIZATION: (must meet all of the following)

- Prescriber must provide at least ONE of the following response measure(s):
 - Low disease activity or remission.¹
 - PAS or PAS-II score ≤ 3.7
 - RAPID3 score ≤ 2.0
 - CDAI score ≤ 10.0
 - DAS28 score ≤ 3.2
 - SDAI score ≤ 11.0
- Must not exceed dosing limits listed in Table 1.
- For all requested **immunomodulating** biologics or janus kinase (JAK) inhibitors, patient must not concurrently be on another **immunomodulating** biologic or JAK inhibitor listed in Table 3. After discontinuing the current **immunomodulating** biologic or JAK inhibitor, the soonest that a new **immunomodulating** biologic or JAK inhibitor will be authorized is at the next scheduled dose.

LENGTH OF APPROVAL (RENEWAL): 12 months

FOR DRUGS THAT HAVE A CURRENT PA REQUIREMENT, BUT NOT FOR THE NEWLY APPROVED INDICATIONS, FOR OTHER FDA-APPROVED INDICATIONS, AND FOR CHANGES TO AGE REQUIREMENTS NOT LISTED WITHIN THE PA CRITERIA:

- **THE PA REQUEST WILL BE REVIEWED BASED UPON THE FOLLOWING PACKAGE INSERT INFORMATION: INDICATION, AGE, DOSE, AND ANY PRE-REQUISITE TREATMENT REQUIREMENTS FOR THAT INDICATION.**

LENGTH OF APPROVAL (INITIAL AND RENEWAL): 12 monthsTable 2. List of conventional therapy in the treatment of RA.¹

| Non-Biologic DMARDs | |
|---------------------|--|
| Generic Name | Brand Name |
| Hydroxychloroquine | Plaquenil® |
| Leflunomide | Arava® |
| Methotrexate | Trexall®, Rheumatrex®, Otrexup®, Rasuvo® |
| Sulfasalazine | Azulfidine® |

Table 3. List of **immunomodulating** biologic agents/janus kinase inhibitors (agents not to be used concurrently).

| Immunomodulating Biologic Agents/Janus Kinase Inhibitors | | |
|---|------------------------------|----------------------------|
| Actemra® (tocilizumab) | Hyrimoz™ (adalimumab-adaz) | Ruxience™ (rituximab-pvvr) |
| Amevive® (alefacept) | Ilaris® (canakinumab) | Siliq® (brodalumab) |
| Amjevita™ (adalimumab-atto) | Ilumya™ (tildrakizumab-asmn) | Simponi® (golimumab) |
| Cimzia® (certolizumab) | Inflectra® (infliximab-dyyb) | Simponi Aria (golimumab) |
| Cinqair® (reslizumab) | Ixifi™ (infliximab-qbtx) | Skyrizi™ (Risankizumab) |
| Cosentyx® (secukinumab) | Kevzara® (sarilumab) | Stelara® (ustekinumab) |
| Cyltezo™ (adalimumab-adbm) | Kineret® (anakinra) | Taltz® (ixekizumab) |
| Dupixent® (benralizumab) | Nucala® (mepolizumab) | Tremfya® (guselkumab) |
| Enbrel® (etanercept) | Olumiant® (baricitinib) | Truxima® (rituximab-abbs) |
| Entyvio® (vedolizumab) | Orencia® (abatacept) | Tysabri® (natalizumab) |
| Erelzi™ (etanercept-szsz) | Remicade® (infliximab) | Xeljanz® (tofacitinib) |
| Eticovo® (etanercept-ykro) | Renflexis® (infliximab-abda) | Xeljanz XR® (tofacitinib) |
| Fasenra™ (benralizumab) | Rinvoq™ (upadacitinib) | Xolair® (omalizumab) |
| Hadlima™ (adalimumab-bwwd) | Rituxan® (rituximab) | |

| | | |
|----------------------|--|--|
| Humira® (adalimumab) | Rituxan Hycela™ (rituximab/hyaluronidase) | |
|----------------------|--|--|

Notes:

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| Rinvoq™ (upadacitinib) | May be used as monotherapy or in combination with methotrexate or other nonbiologic disease-modifying antirheumatic drugs (DMARDs). Use in combination with biologic DMARDs or potent immunosuppressants (eg, azathioprine, cyclosporine) is not recommended. |
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References

- 2015 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis. Arthritis Rheumatol. 2016; 68(1):1-26. <https://www.rheumatology.org/Practice-Quality/Clinical-Support/Clinical-Practice-Guidelines/Rheumatoid-Arthritis> . Accessed 5/30/19.
- EULAR recommendations for the management of rheumatoid arthritis with synthetic and biological disease-modifying antirheumatic drugs: 2016 update. Ann Rheum Dis 2017; 76:960-77. Available at https://www.eular.org/recommendations_management.cfm . Accessed 6/11/19.
- Enbrel (etanercept) [package insert]. Thousand Oaks, CA: Immunex Corp., Amgen; Nov 2017.
- Remicade (infliximab) [package insert]. Horsham, PA: Janssen Biotech, Inc; Jun 2018.
- Humira (adalimumab) [package insert]. North Chicago, IL: AbbVie Inc.; Dec 2018.
- Cimzia (certolizumab) [package insert]. Smyrna, GA: UCB, Inc.; Mar 2019.
- Simponi (golimumab) [package insert]. Horsham, PA: Janssen Biotech, Inc.; May 2018.
- Simponi Aria (golimumab) [package insert]. Horsham, PA: Janssen Biotech, Inc.; Feb 2018.
- Kineret (anakinra) [package insert]. Stockholm, Sweden: Swedish Orphan Biovitrum AB; Jun 2018.
- Orencia (abatacept) [package insert]. Princeton, NJ: Bristol-Myers Squibb Compant; Mar 2019.
- Rituxan (rituximab) [package insert]. South San Francisco, CA: Genentech, Inc.; Jan 2019.
- Actemra (tocilizumab) [package insert]. South San Francisco, CA: Genentech, Inc.; Apr 2019.
- Kevzara (sarilumab) [package insert]. Bridgewater, NJ: Sanofi-Aventis US LLC; Apr 2018.
- Xeljanz (tafacitinib) [package insert]. New York, NY: Pfizer Labs; Oct 2018.
- Olumiant (baricitinib) [package insert]. Indianapolis, IN: Lilly USA; May 2018.
- [Rinvoq \(upadacitinib\) \[prescribing information\]. North Chicago, IL: AbbVie Inc; August 2019.](#)
- [Amjevita \(adalimumab-atto\) \[prescribing information\]. Thousand Oaks, CA: Amgen Inc; March 2018.](#)
- [Cyltezo \(adalimumab- adbm\) \[prescribing information\]. Ridgefield, CT; Boehringer Ingelheim Pharmaceuticals Inc: August 2017.](#)
- [Hadlima \(adalimumab-bwwd\) \[prescribing information\]. Whitehouse Station, NJ: Merck Sharp & Dohme Corp; July 2019.](#)
- [Erelzi \(etanercept\) \[prescribing information\]. Princeton, NJ: Sandoz Inc; January 2018.](#)
- [Eticovo \(etanercept\) \[prescribing information\]. Republic of Korea: Samsung Bioepis Co., Ltd. Apr 2018.](#)
- [Inflectra \(infliximab-dyyb\) \[prescribing information\]. New York, NY: Pfizer; September 2016.](#)
- [Renflexis \(infliximab-abda\) \[prescribing information\]. Whitehouse Station, NJ: Merck Sharp & Dohme Corp; June 2019.](#)
- [Ixifi \(infliximab-qbtX\) \[prescribing information\]. New York, NY: Pfizer; December 2017.](#)

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